

A photograph of a stream with a rocky bank and water. The water is clear and greenish, with many small fish visible. The background shows a rocky bank with some vegetation.

# **Stream Ecology from a Fish's Perspective: Habitat, Connectivity, and Flow**

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**Photo by Allen Harthorn, Friends of Butte Creek**

# Outline

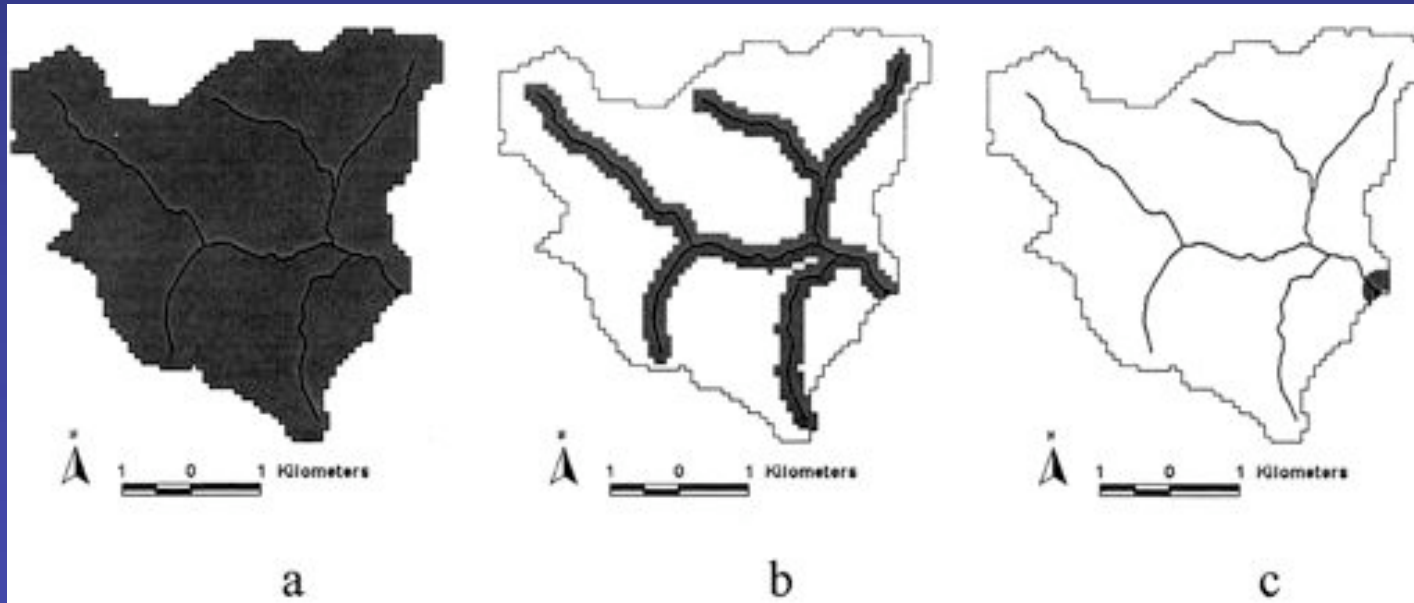
- **Watershed influence on habitat & fish**
- **Stream connectivity**
- **Flow regime**
  - **Pulsed releases**
- **Adaptive management experiments**

# Watershed Influence on Streams & Fish

- Fish distribution related to local habitat
- BUT...Streams are at the lowest point in the landscape
- Integrate impacts occurring higher up in the watershed (Naiman et al. 2002)
- Land use, water diversions, & tailwater return flows can affect:
  - Flashiness of flows
  - Temperature
  - Dissolved oxygen
  - Sediment load
  - Contaminants

## Land Cover & Scale

- Fish species richness related to land cover in
  - Entire watershed
  - Riparian corridor
- Macroinvertebrate species richness related to land cover in riparian corridor

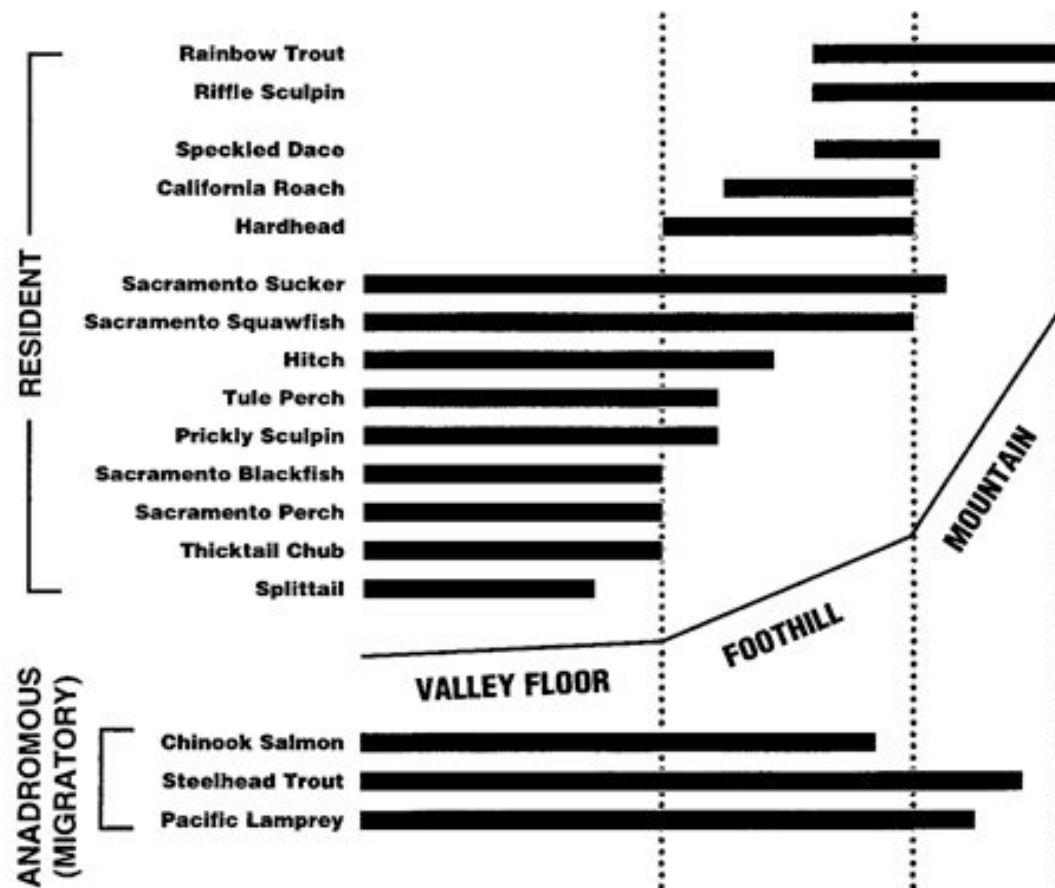


(Strayer et al. 2003)



# Historic Distribution of Native Fishes in the Central Valley

Figure 2. This generalized diagram of the historic distribution of common native fishes in the Central Valley drainage of California reflects the historic situation in Putah Creek.



**Cold-water  
species at  
higher  
elevations**

**(Moyle et al. 1998)**

# Habitat Loss & Destruction in California

- **Forestry, mining, agriculture, urban development**
  - High water temperature
  - Low dissolved oxygen
  - Excess fine sediment
  - Less overhead cover
  - Less large wood



# Cow Creek Fish Distribution Study

- East of Redding, CA
- Land use = rangeland
- Irrigation diversions
- Habitat for *threatened* Central Valley steelhead trout
- Potential habitat for *threatened* spring-run Chinook salmon

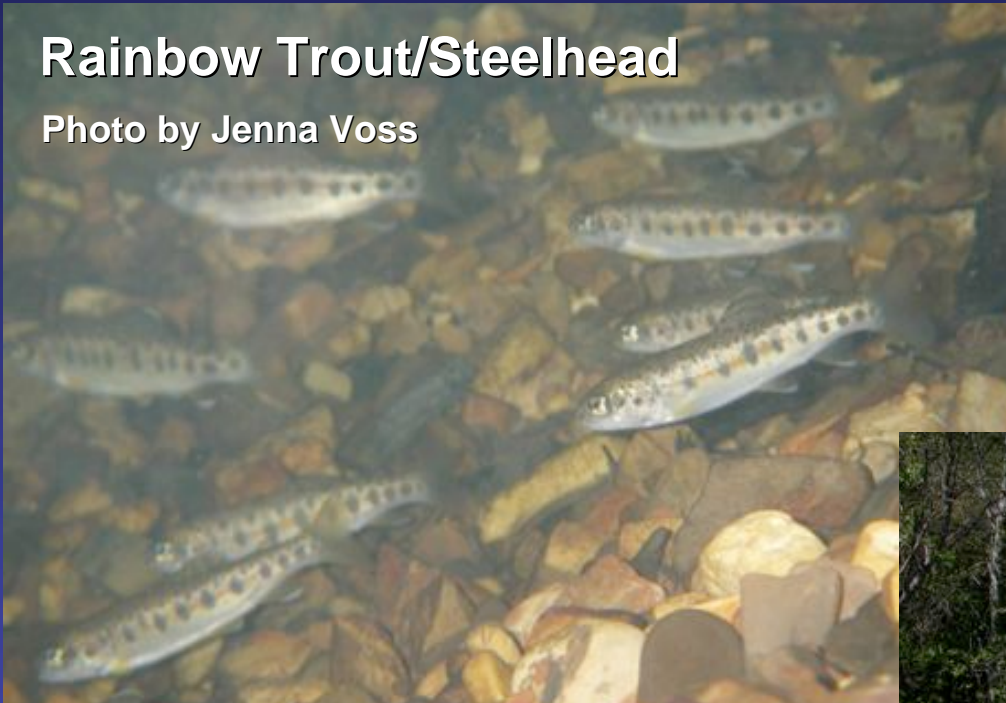




# Within-Season Fish Distribution

Rainbow Trout/Steelhead

Photo by Jenna Voss



Trout  
presence/absence

Pool habitat – Trout  
more likely to be  
present in deeper pools



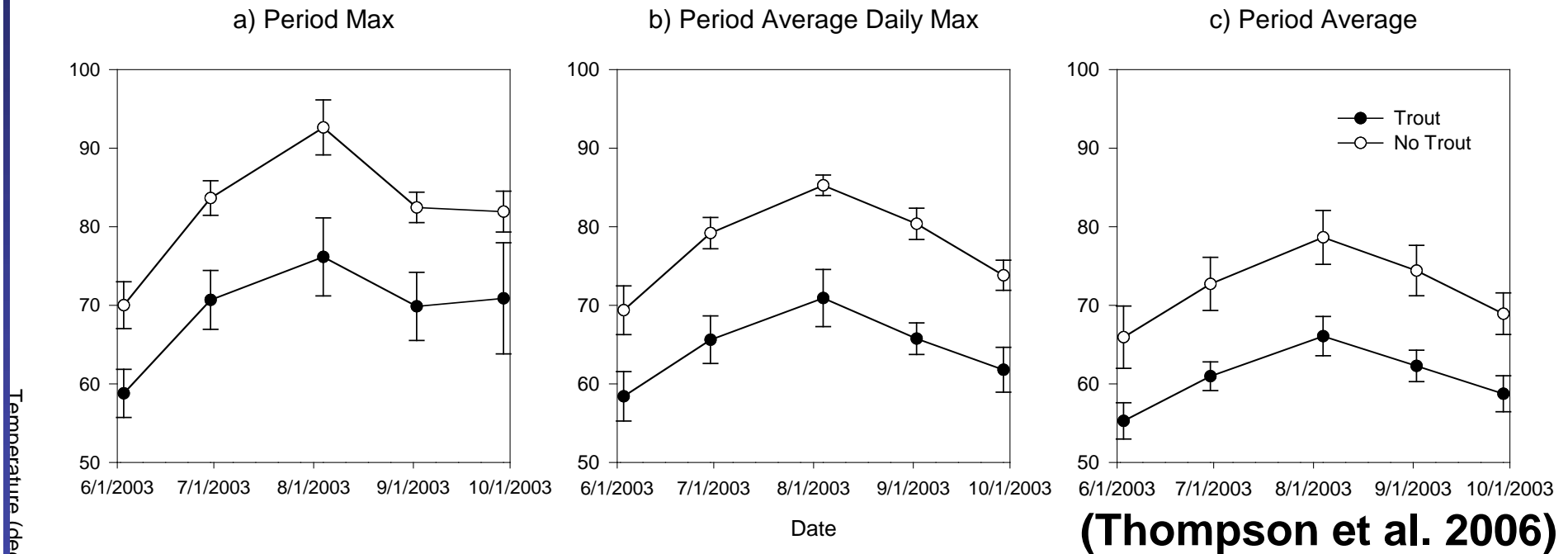


# Temperature Across Season

Period Max

Period Avg Daily Max

Period Avg



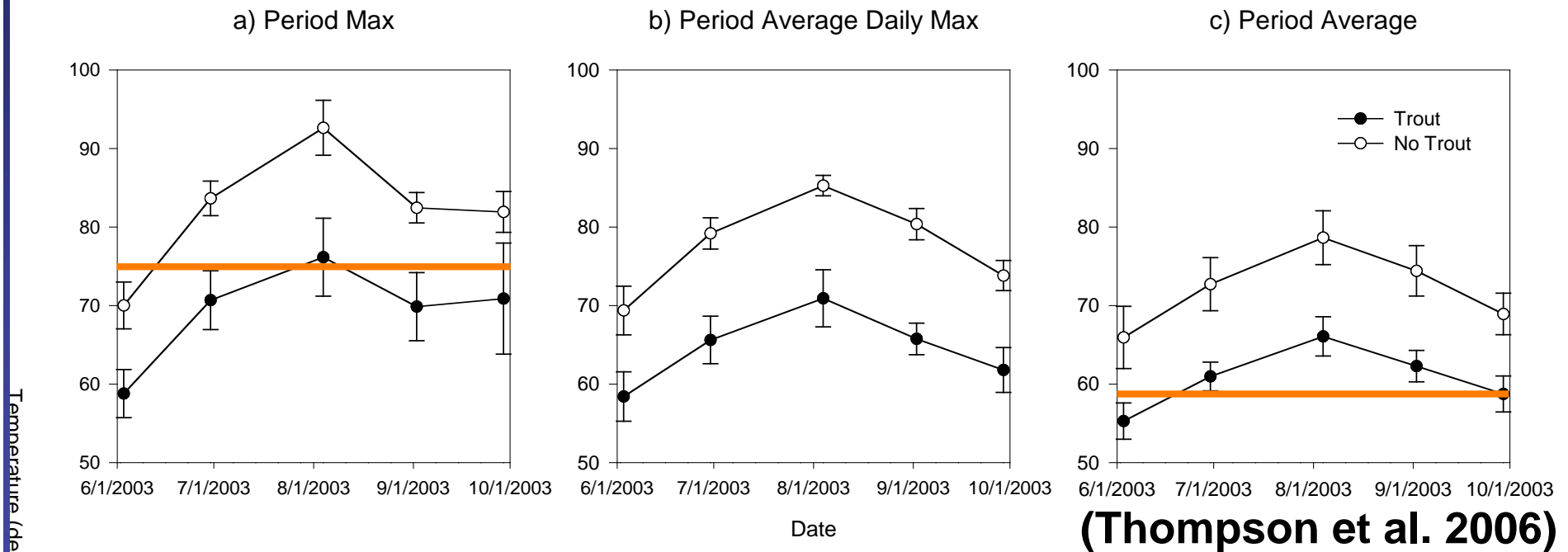
Black = Pools with trout in mid-summer  
White = Pools without trout in mid-summer

# Temperature Across Season

Period Max

Period Avg Daily Max

Period Avg



Black = Pools with trout in mid-summer  
White = Pools without trout in mid-summer

# Temperature – a Key Variable

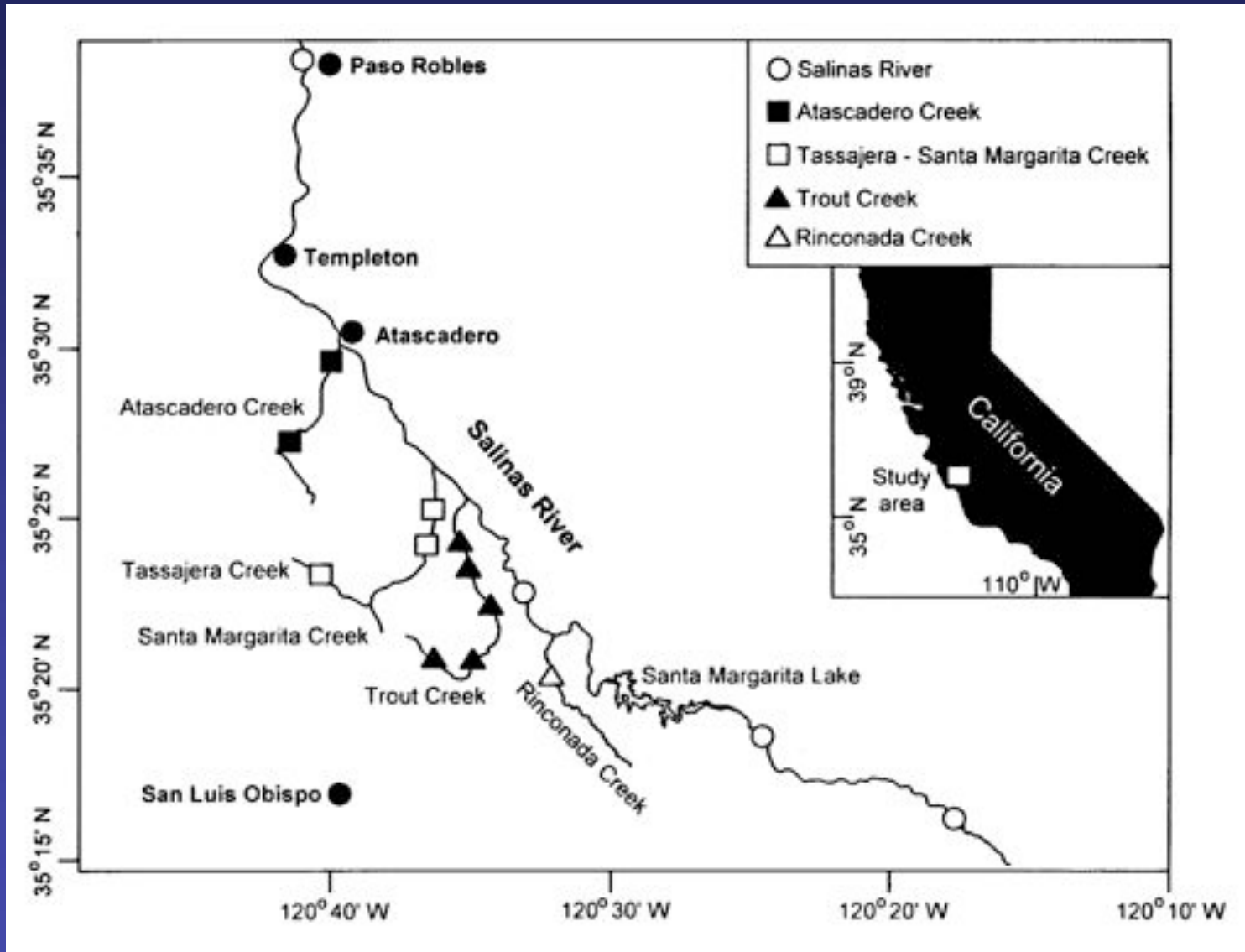
- Tension point about 1,000' elevation
- Water temperature criteria vary for different life stages
  - Egg incubation
  - Juvenile rearing
  - Migration
  - Spawning
- High water temperatures increase fishes' metabolic rate & food requirements
- Other variables?



# South-Central California Coast Steelhead Threatened/Endangered



# Upper Salinas River Watershed



Thompson et al. (In review)

# Large Wood Sampling

- Large wood volume within bankfull width
  - $\geq 3$  feet long,  $\geq 4$  inches diameter
  - Fallen, dead
  - Non-standing, live
  - Standing live & dead
- Recruitment
  - Standing trees within riparian
  - Regeneration of oak & sycamore a concern



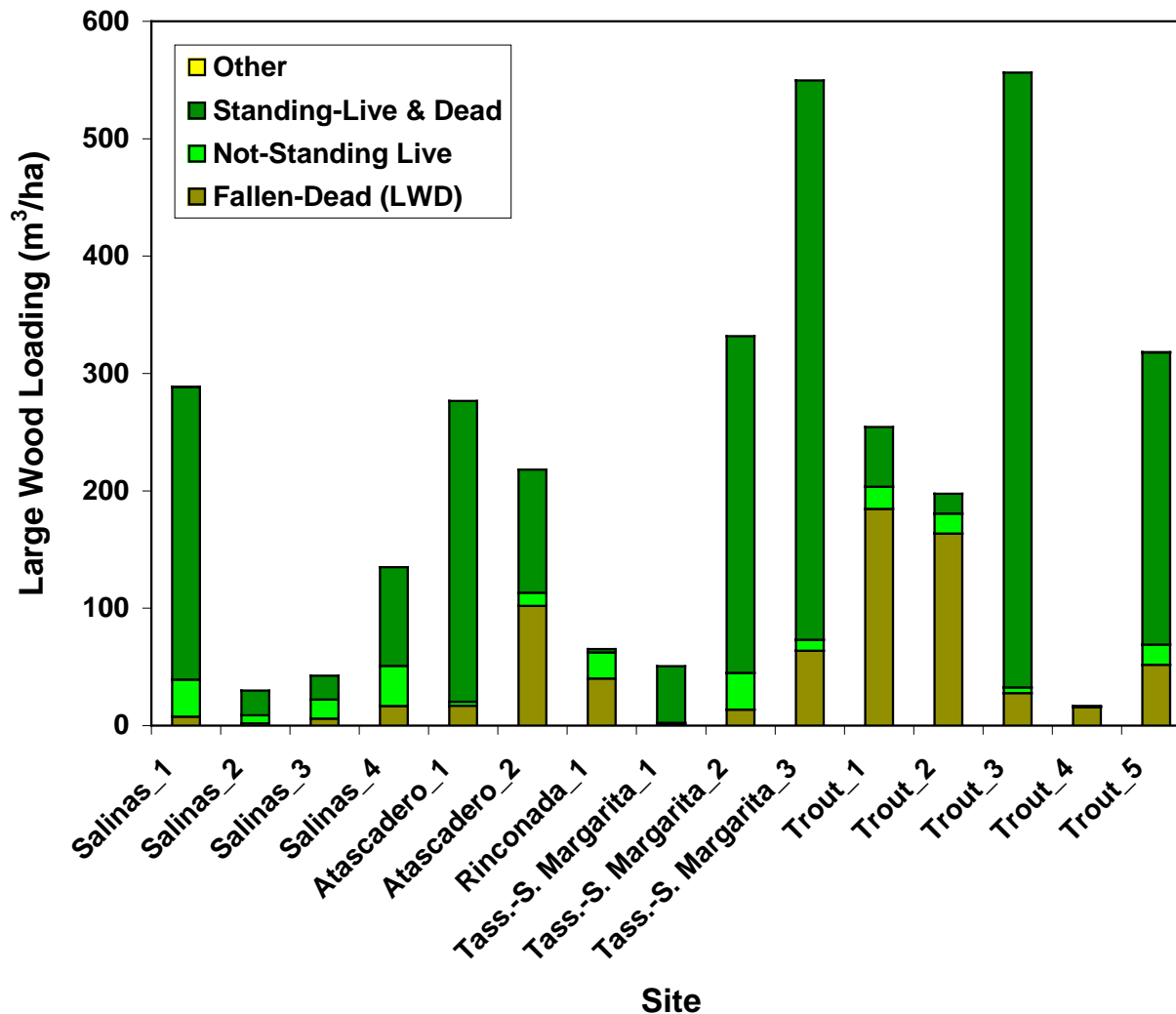


# Bankfull Width

- Stream rises to this level about once every 1.5 years



# Large Wood Loading



Thompson et al. (In review)

# Salinas Large Wood vs. Other Regions (Fallen dead wood only)

Region	n	Mean (m <sup>3</sup> /ha)	Median (m <sup>3</sup> /ha)	Maximum (m <sup>3</sup> /ha)
Pacific Northwest (BC, WA, OR) <sup>a</sup>	62	752	535	4,500
Sierra Nevada conifer <sup>b</sup>	12	160	159	382
No. CA hardwood, protected watersheds <sup>c</sup>	9	115	107	173
No. CA hardwood, private land <sup>c</sup>	23	42	20	146
So. CA hardwood (this study)	15	47	17	164

*a* Data from Andrus et al. (1988), Harmon et al. (1986), and Keller and Tally (1979).

*b* Data from Berg et al. (1998)

*c* Data from Opperman (2005)

Thompson et al. (In review)



# Pool Formation

**At 13 sites at least 1/2 the pools were formed due to large wood, or influenced by large wood.**

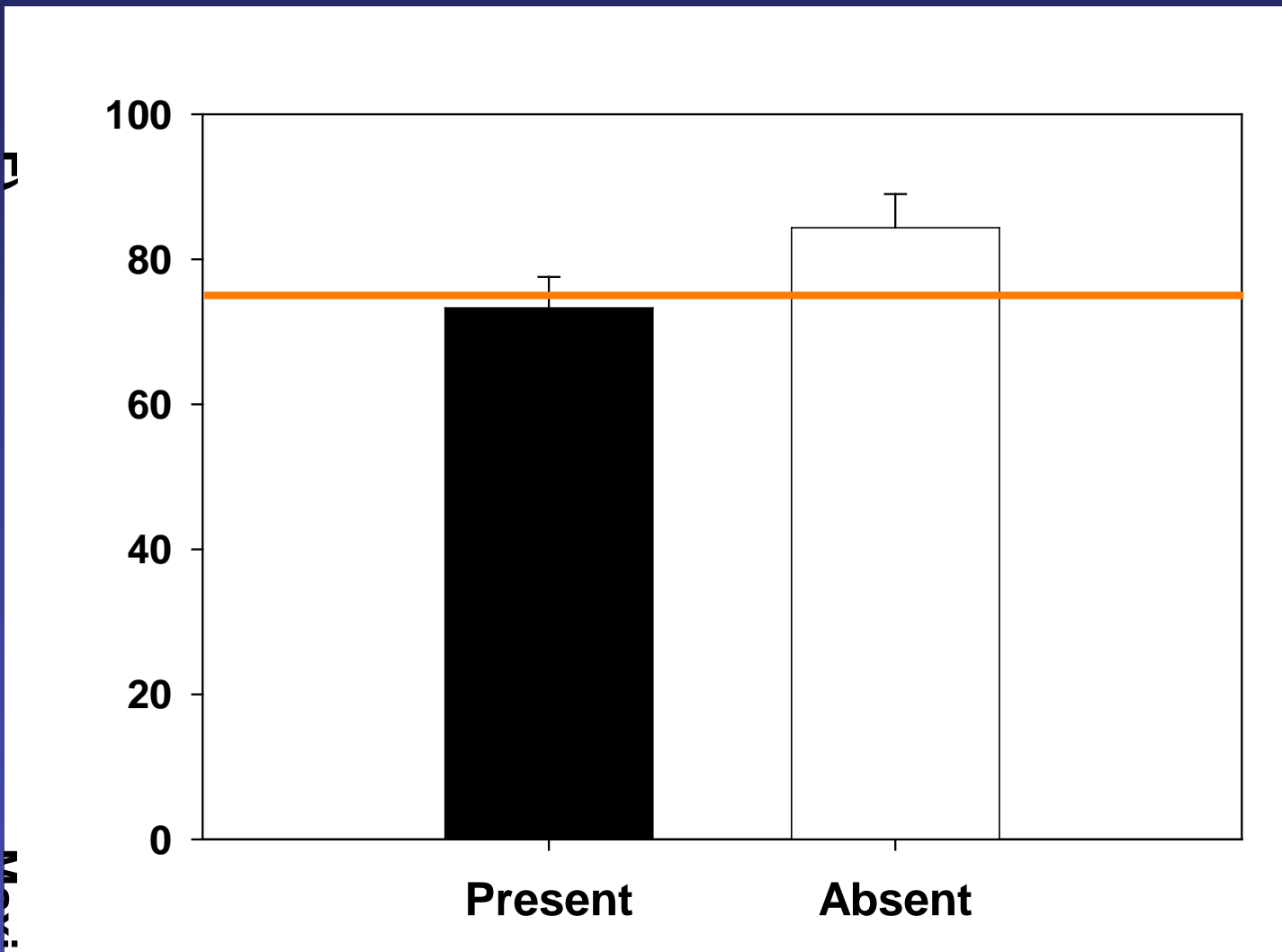


**Wood jam**



**Wood influence**

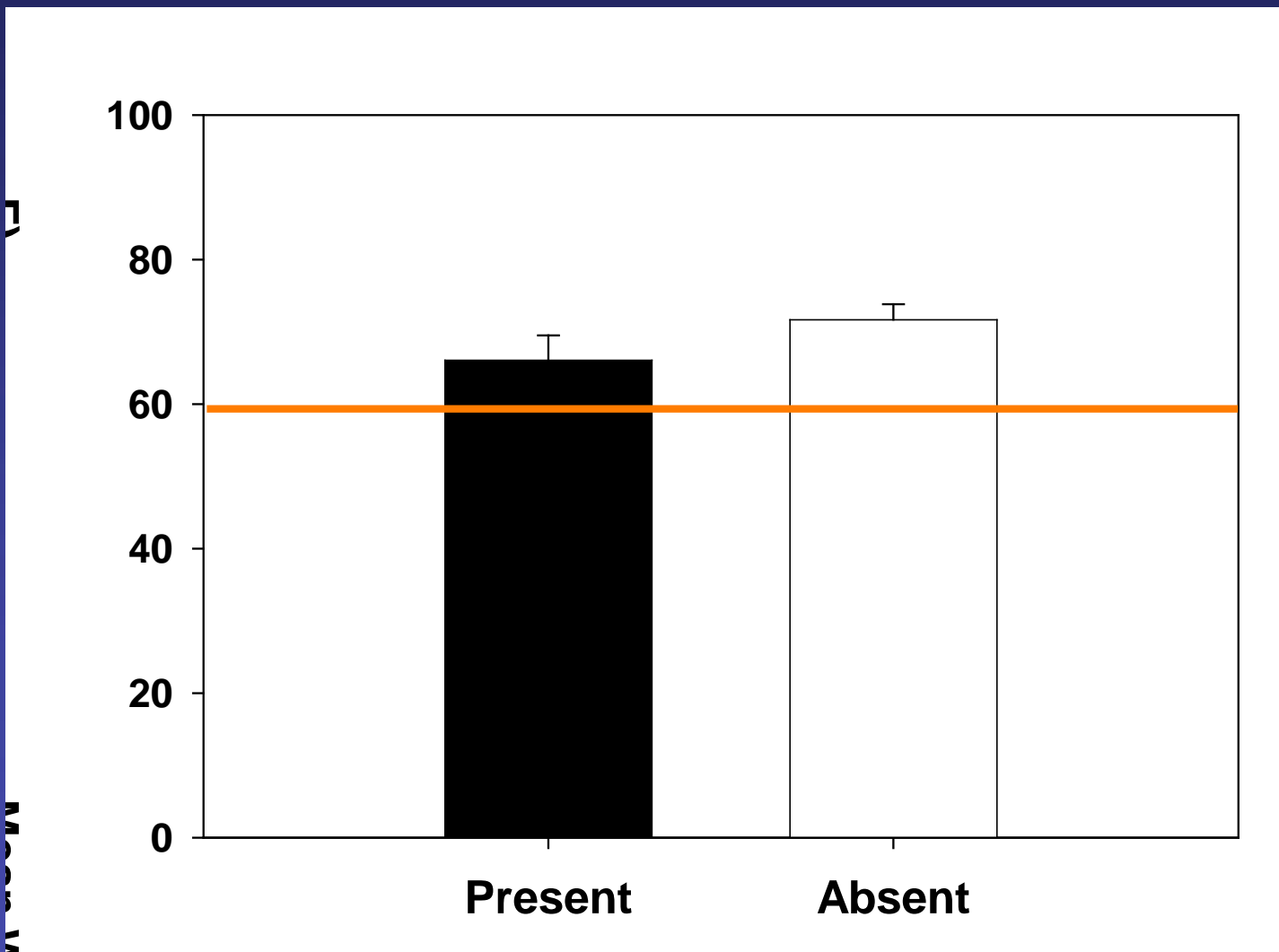
# Steelhead Presence vs. Max Temperature



$p = 0.02$

Thompson et al. (In prep)

# Steelhead Presence vs. Avg. Temperature

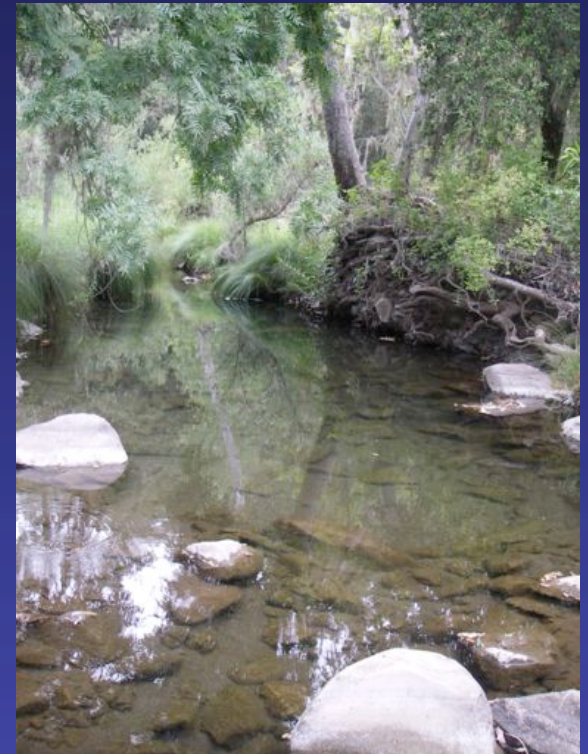
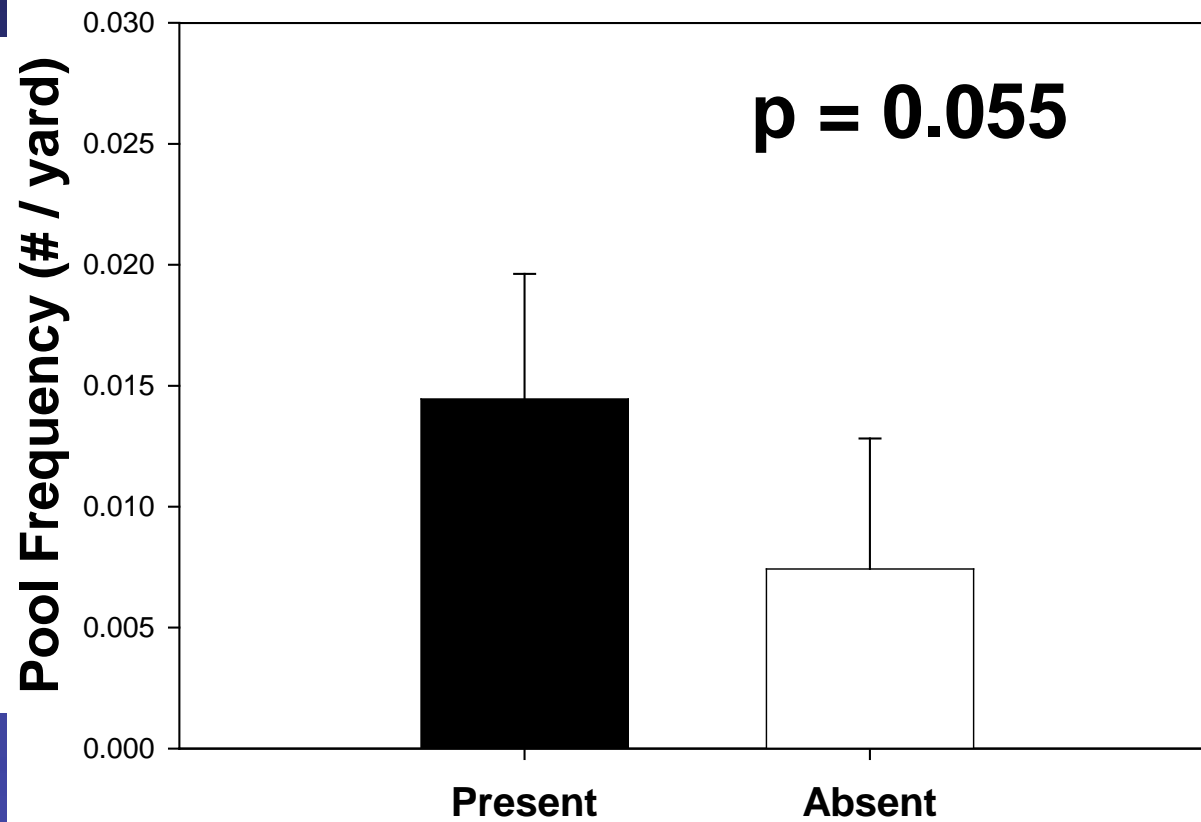


$p = 0.07$

Thompson et al. (In prep)

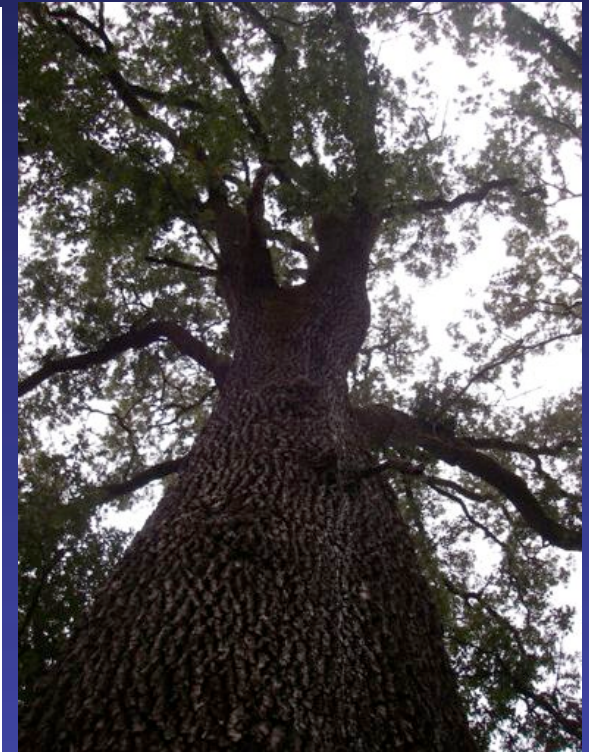
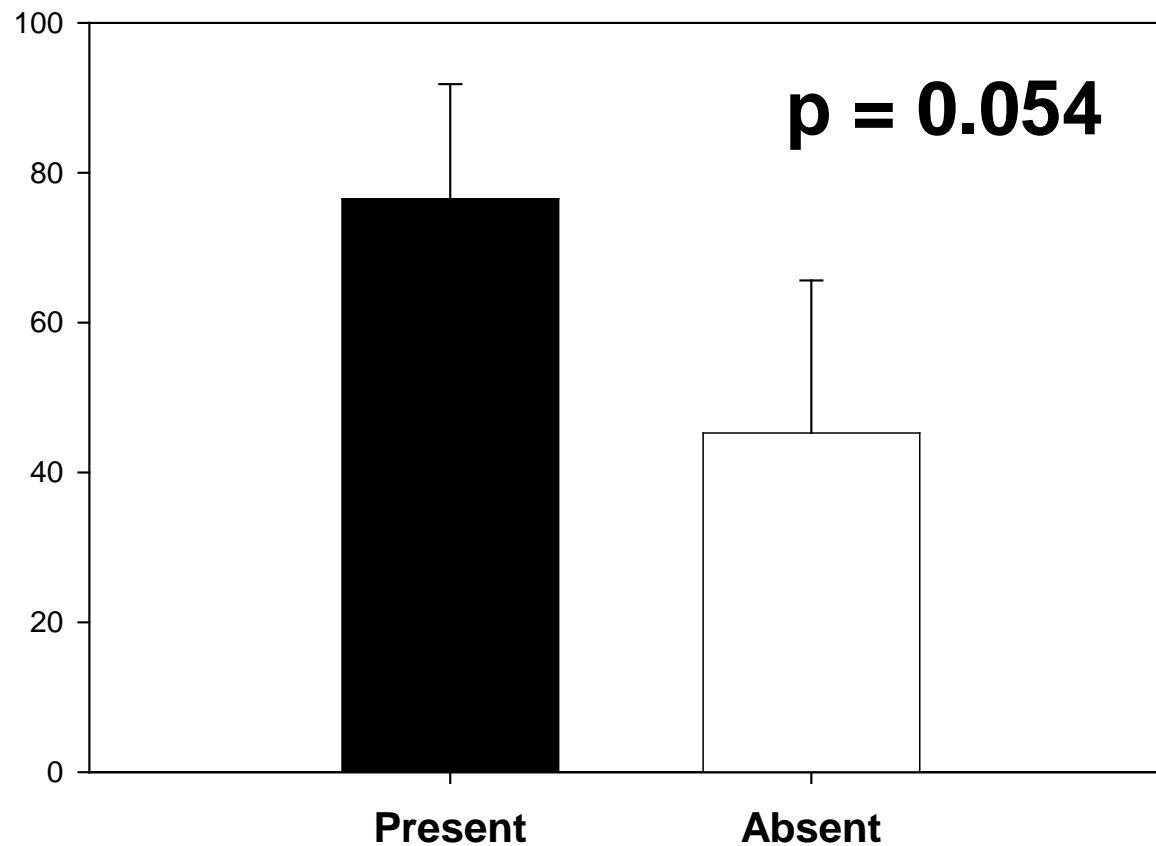


# Steelhead Presence vs. Pools



Thompson et al. (In prep)

# Steelhead Presence vs. Cover



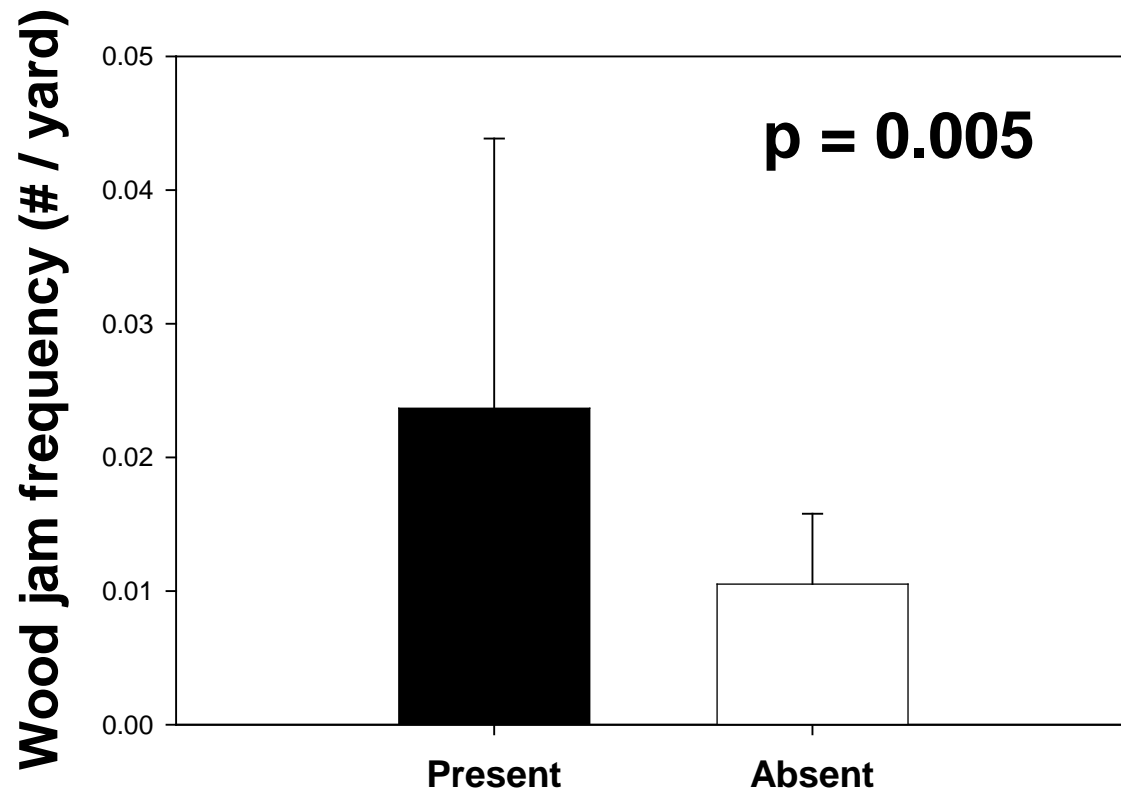
Thompson et al. (In prep)

# What about the wood?

- Young-of-the-year steelhead were in riffles, not pools



# Adult Steelhead Presence vs. Wood Jams



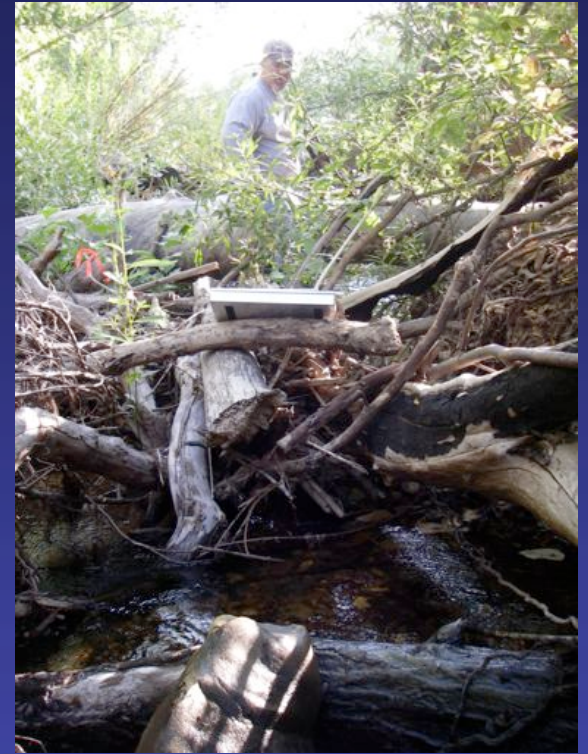
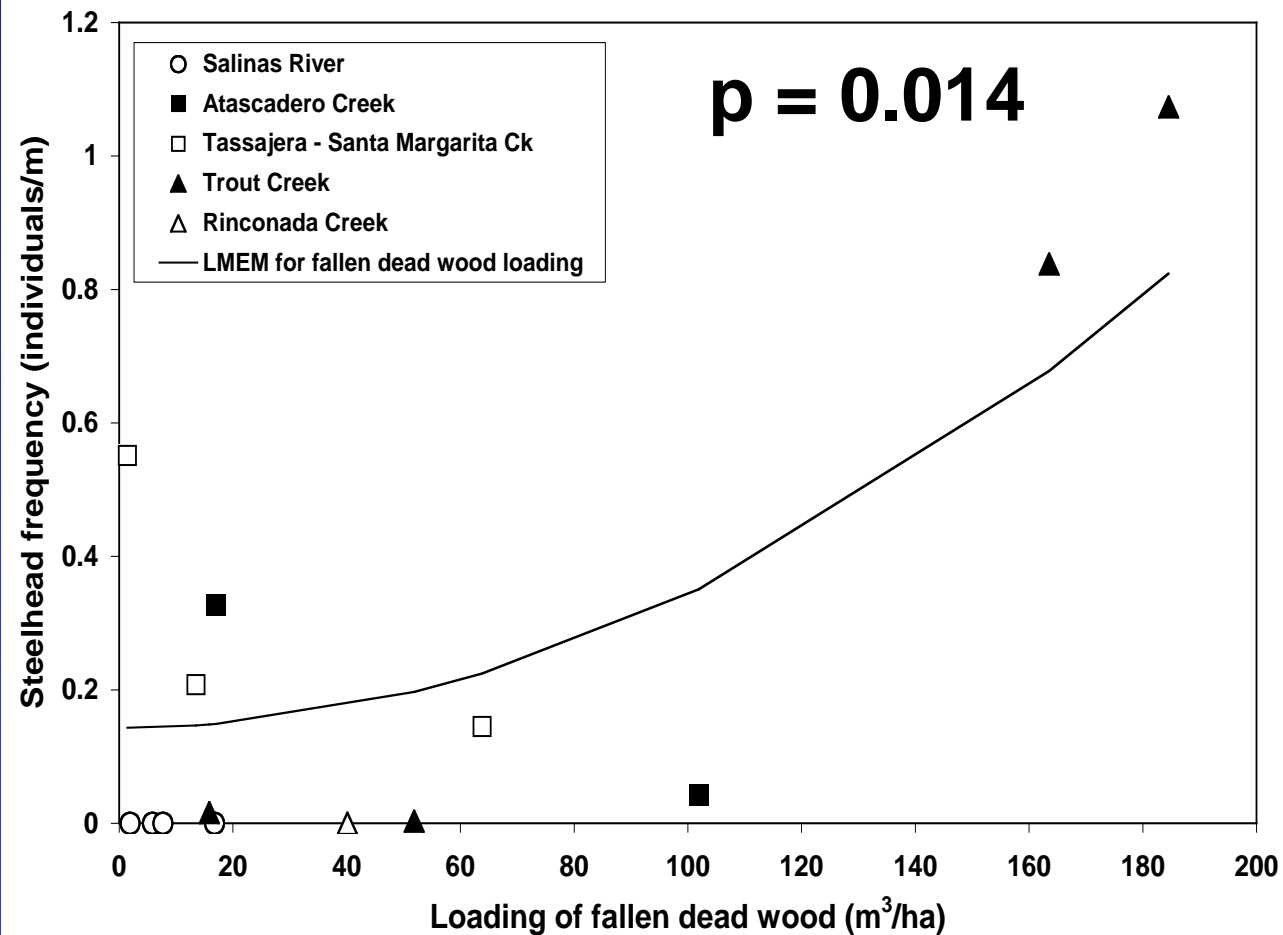
Thompson et al. (In prep)



# Steelhead Frequency

- **Steelhead more frequent at sites with**
  - Higher fallen dead large wood loading
  - Cooler average water temperature
  - Cooler maximum water temperature

# Steelhead Frequency vs. Dead Wood



Thompson et al. (In prep)

# **Stream Connectivity**

- **Longitudinal & lateral connectivity essential to viability of many species (Bunn & Arthington 2002)**
- **Important for both anadromous and resident fish**

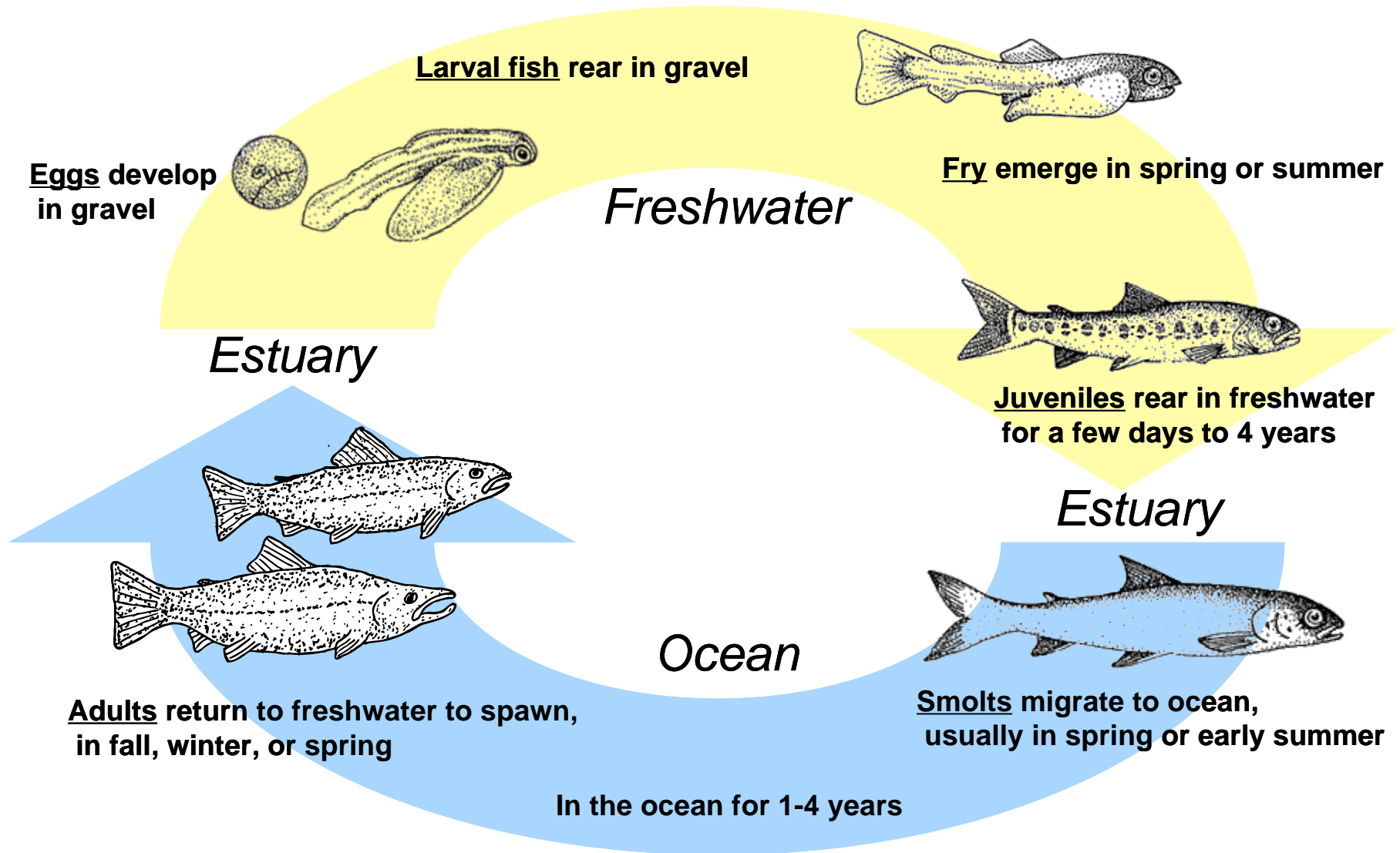
# Anadromous Salmonids

- Salmon & steelhead use entire watershed
  - Network of streams and rivers is a roadway





# Anadromous Fish Life Cycle



# Dams & Barriers are Roadblocks to Fish



**Shasta Dam, 1945, Central Valley Project.  
Dams & water diversions block fish movement to  
headwaters of Valley streams**



# Diversions = Detours



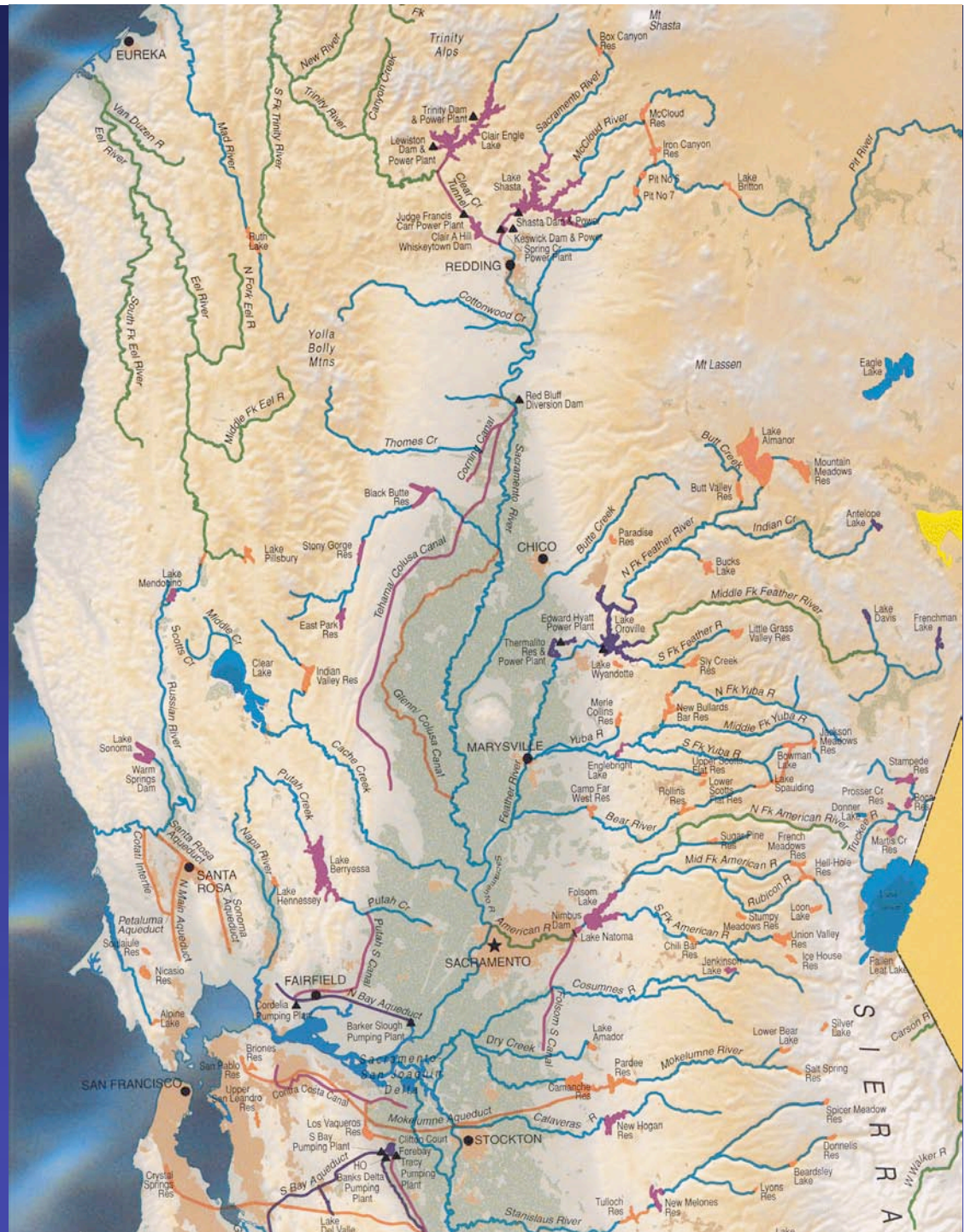
Federal project  
State project  
Local project  
Wild & scenic  
Natural lake, river  
Saline / alkaline lake

Irrigated area

Urbanized area

Pumping or power plant

Map courtesy of the Water  
Education Foundation



# Cow Creek - Chinook Salmon Spawners

- Must pass Red Bluff Diversion Dam on Sacramento River to reach creek





## Small Scale Barriers

- Culverts & irrigation dams may impede upstream movement of resident fish to cooler water



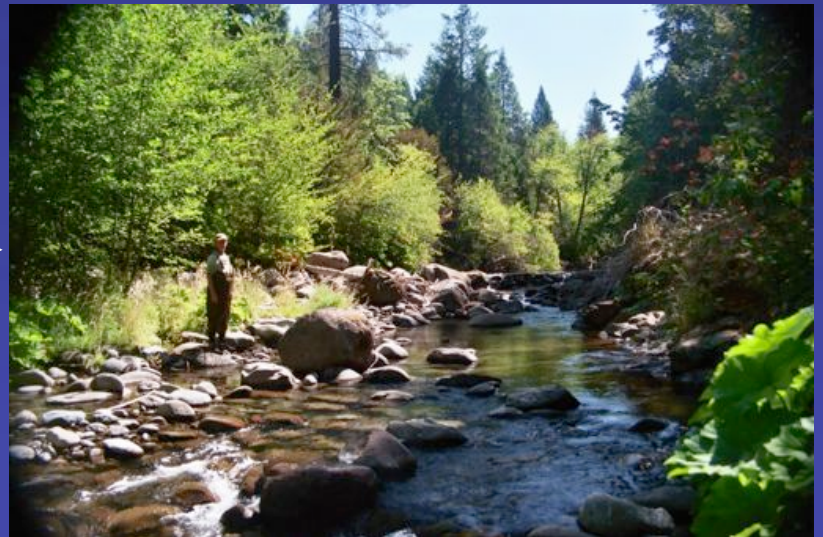
**Culverts**



**Flashboard dam**

# Resident Fish in Cow Creek

- Spring
  - Rainbow trout at both high & low elevations
- Mid-summer
  - Rainbow trout found only in cooler, higher elevation pools (Thompson et al. 2006)
- Are they moving upstream?





# Resident Fish in the Salinas River Watershed

## Between-Year Movement

- 2004
  - Dry year
  - Steelhead only at high elevations



- 2005
  - Good water year
  - Steelhead at both high & low elevations in tributaries



# Flow Regime

- **Natural flow regime (Poff et al. 1997)**
  - Every stream has a characteristic natural water flow pattern & an associated animal and plant community (Naiman et al. 2002)
- **Flow alteration in California**
  - Water from winter snow & rain held in reservoirs, then released later in the year
  - Reverses natural flow timing



# Pulsed Flows

- Flow is artificially released
- Timing & frequency deviates from normal hydrograph
- Do pulsed flows adversely affect the behavior of fishes?

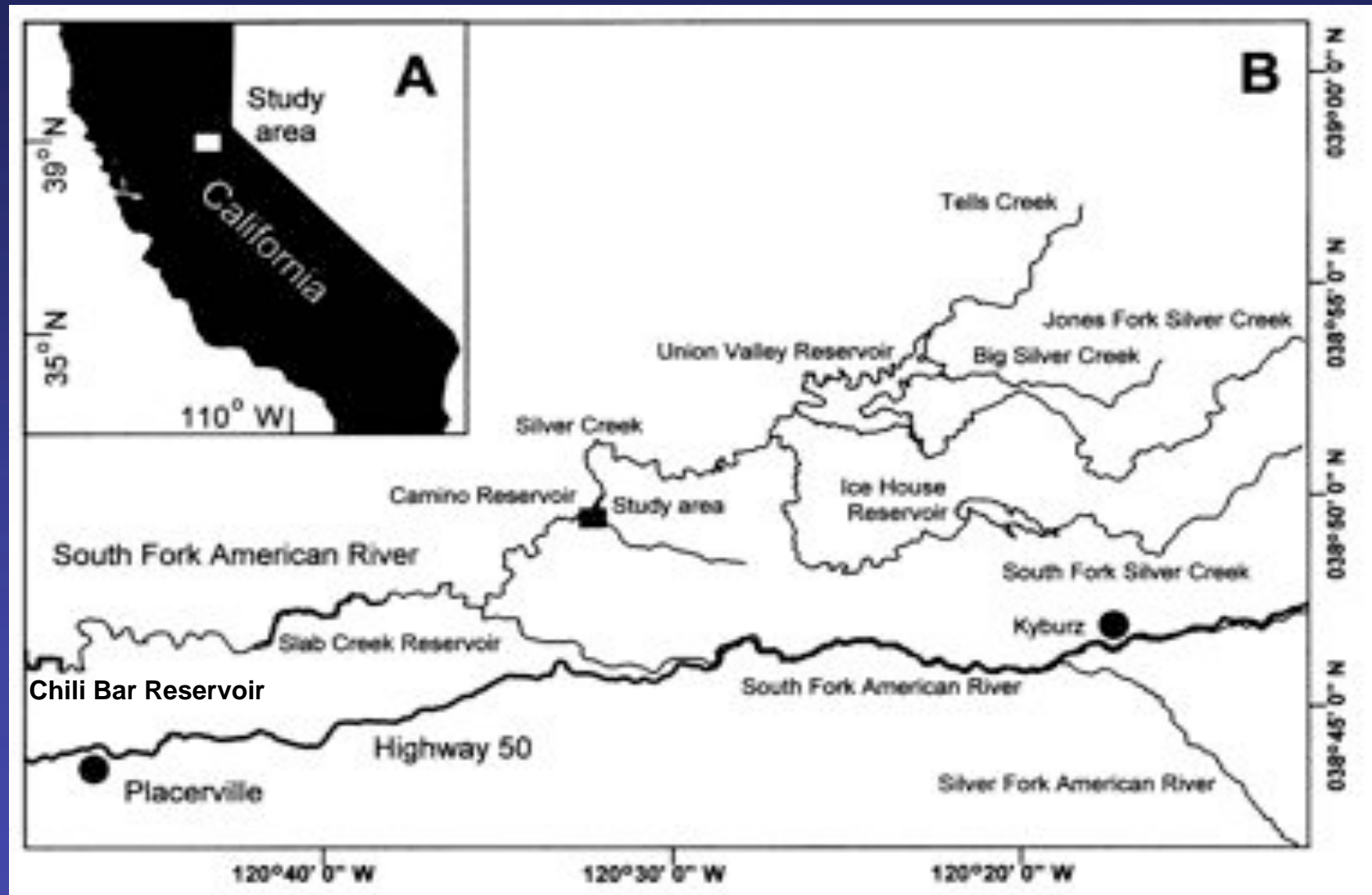


**Before a pulsed release**



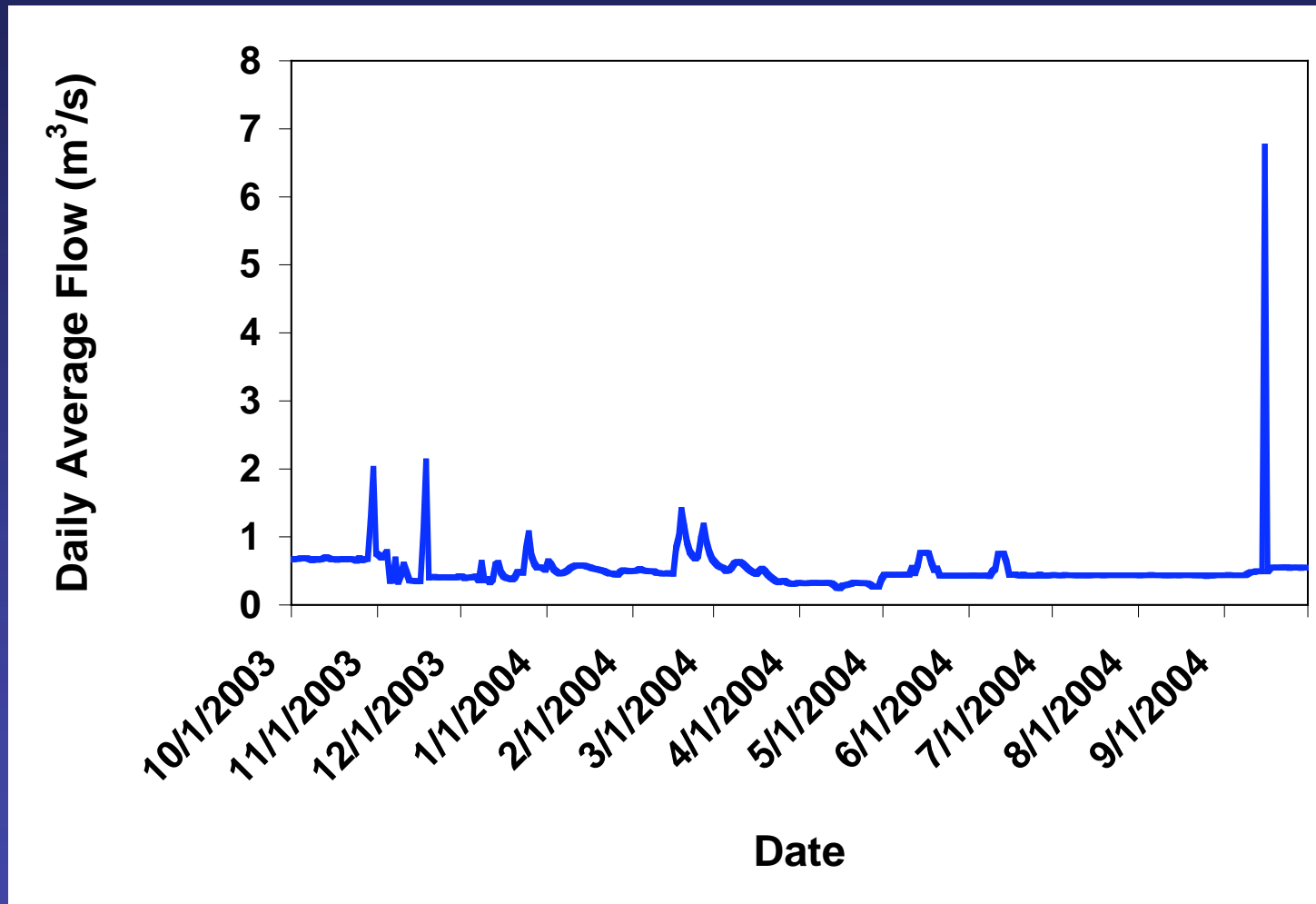
**During a pulsed release**

# South Fork American River Watershed



Thompson et al. (In prep)

# Silver Creek Daily Average Flow, 2003-04



Flow data courtesy of Sacramento Municipal Utility District

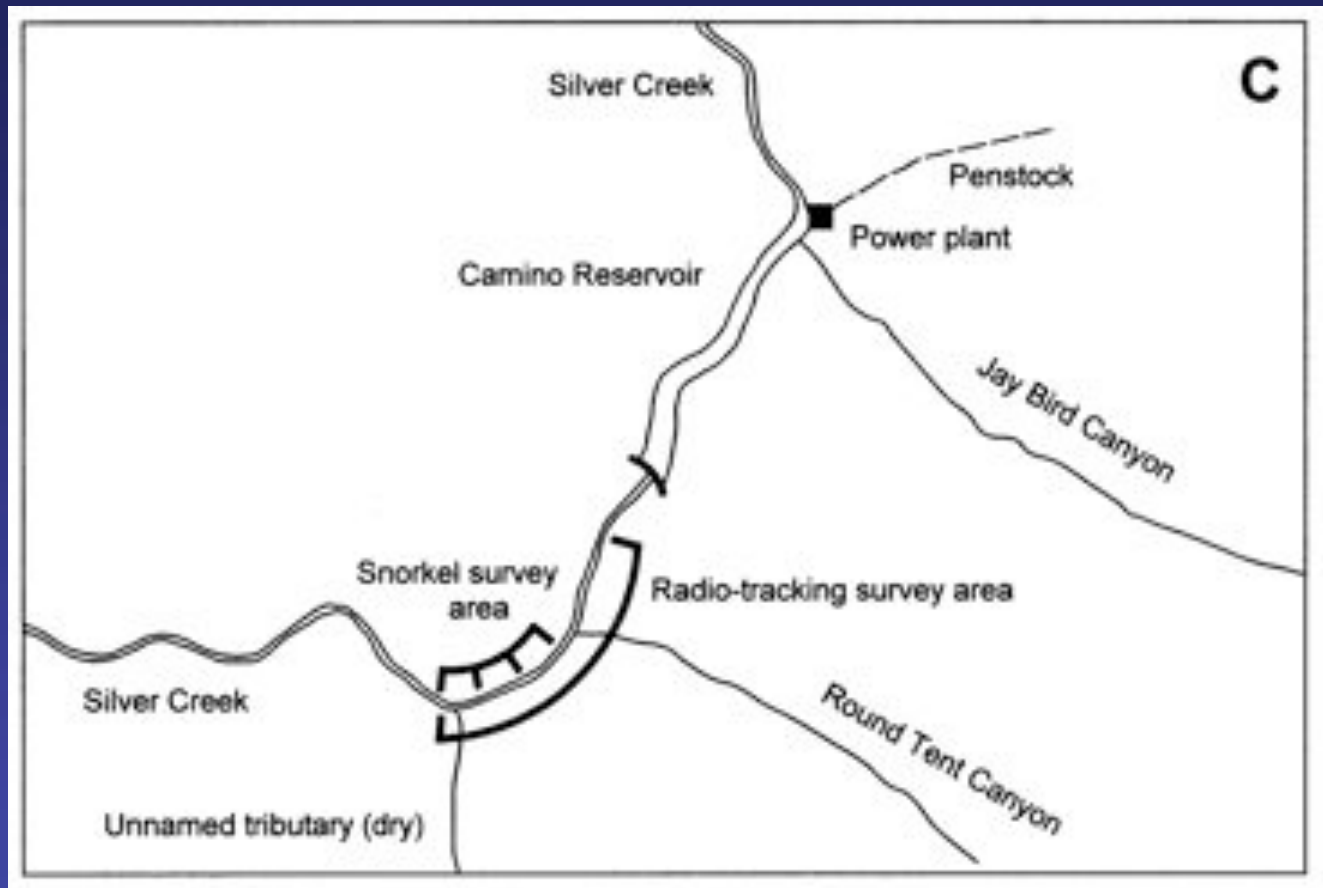
Thompson et al. (In prep)

# Silver Creek Before & During Pulse





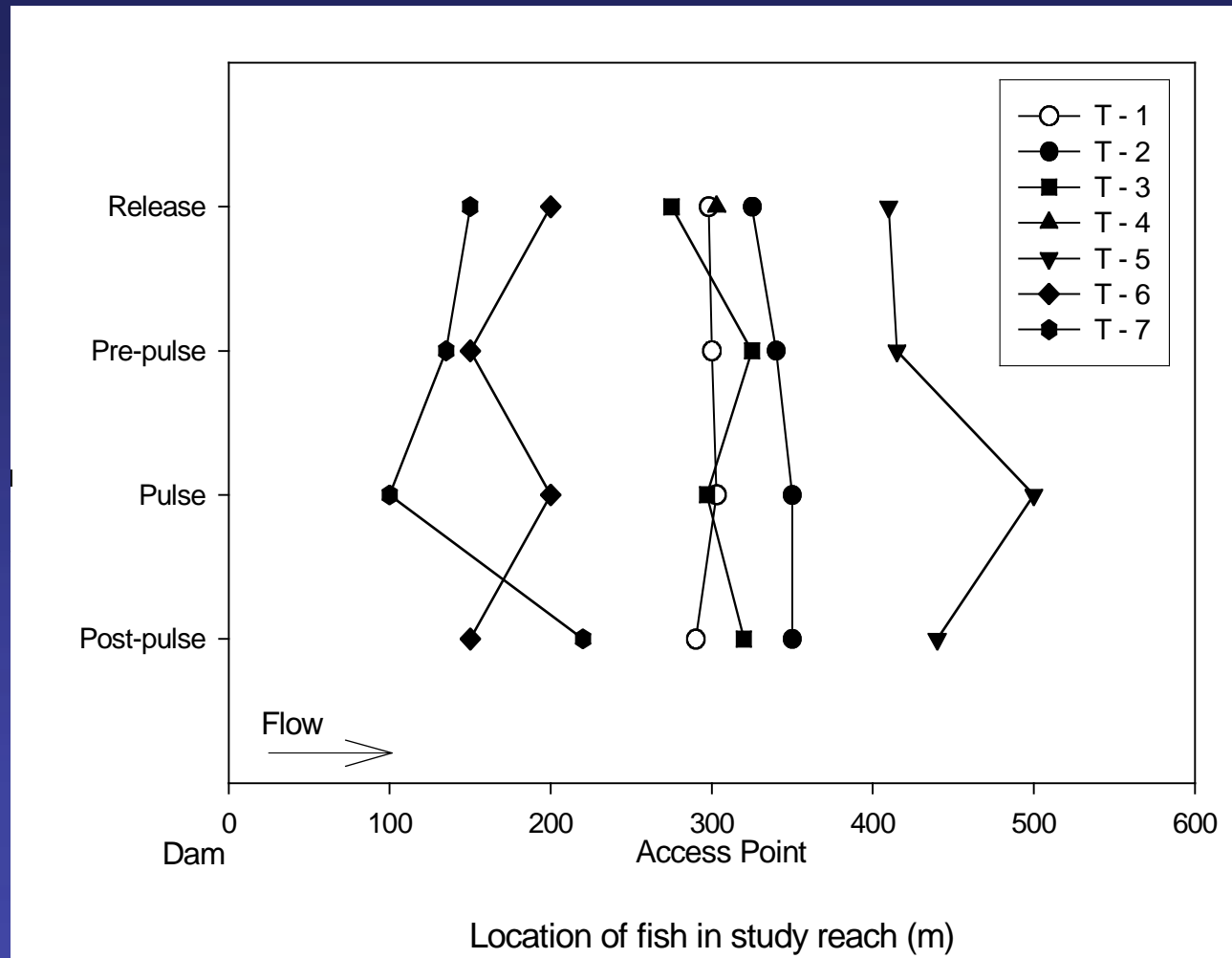
# Silver Creek Map



- 15 m drop in elevation along reach
- 500 m radio-tracking section
- Three 100 m snorkel sections

Thompson et al. (In prep)

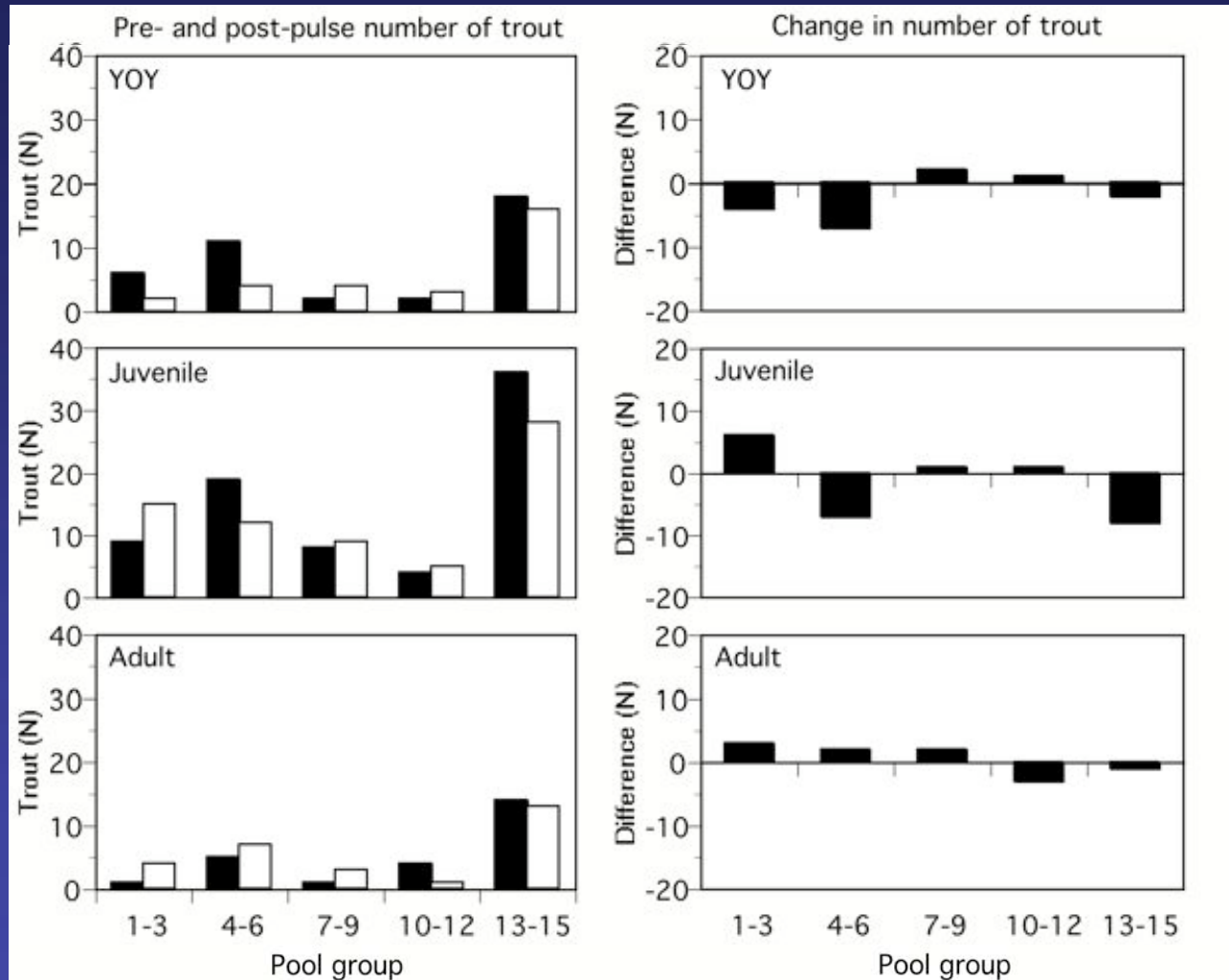
# Movement of Radio-Tagged Trout



- Trout tended to stay in the same location in the creek

Thompson et al. (In prep)

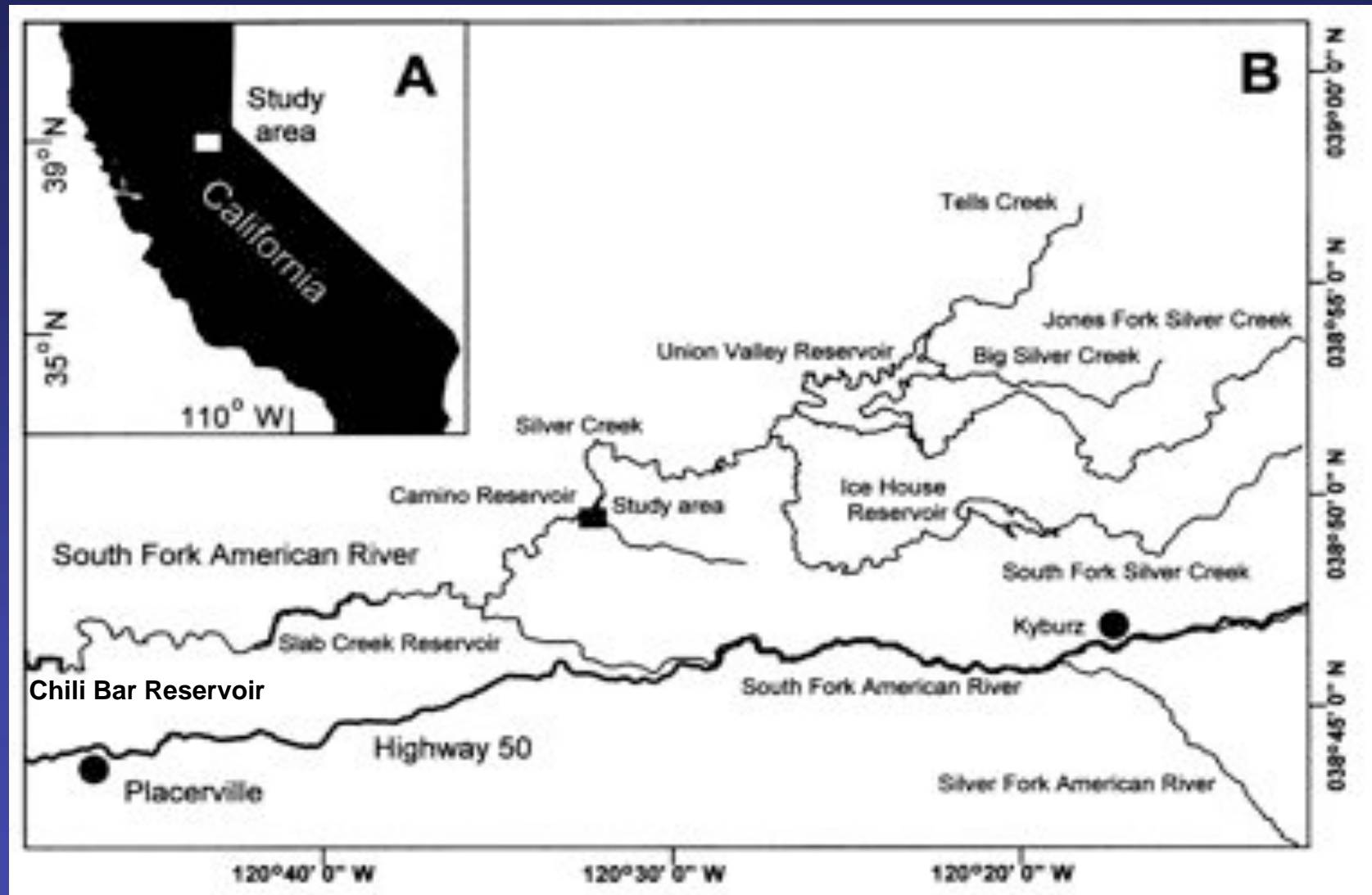
# Snorkel Counts



- No clear evidence of downstream displacement

Thompson et al. (In prep)

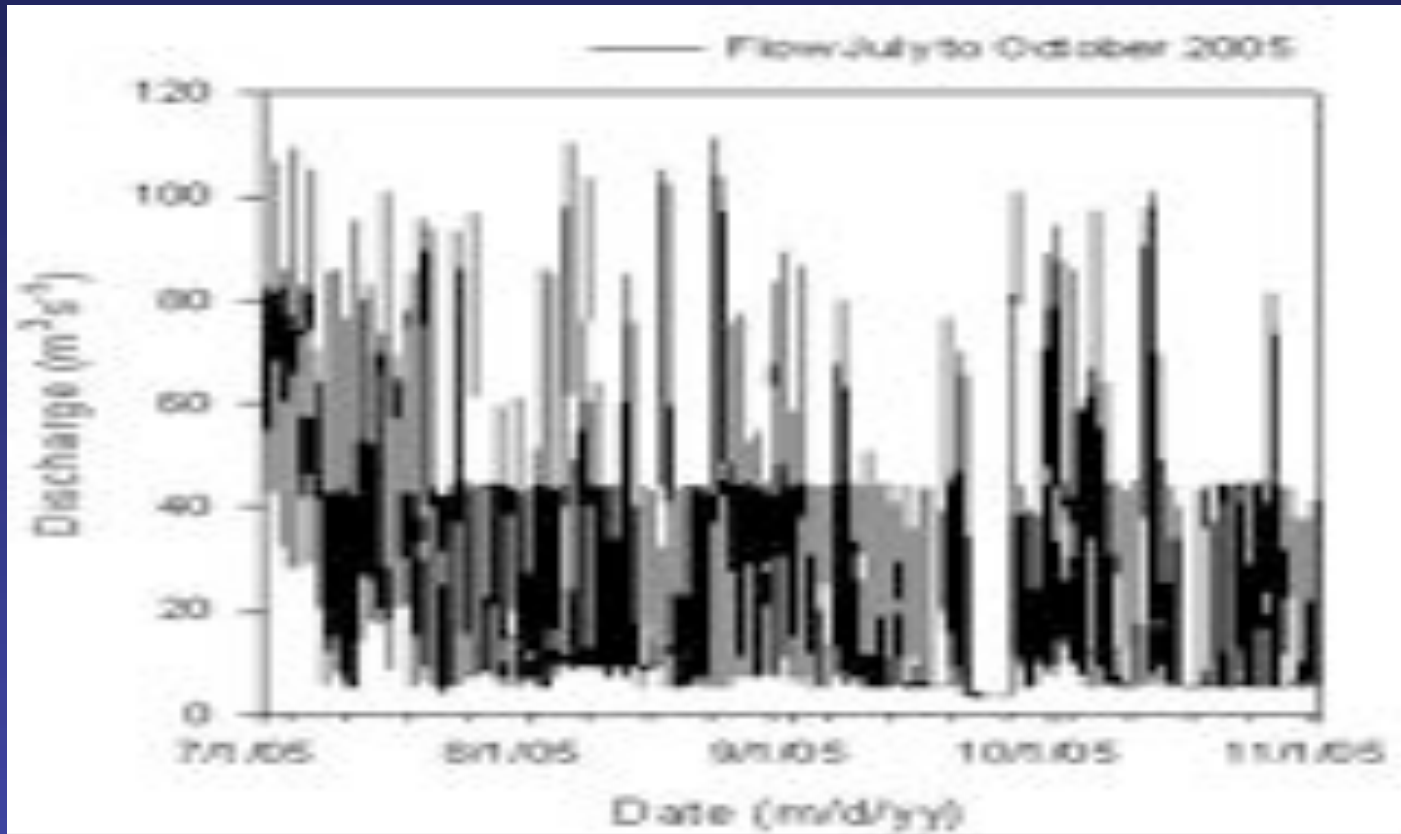
# South Fork American River Watershed



Thompson et al. (In prep)



# Pulsed Releases in the South Fork



- One or more pulsed releases per day
- Flow increases from 5 m³/s to 40 m³/s
- Artificial releases from mid July to November
- 1 m³/s ~ 35 cfs

Hamilton et al. (In prep)

# Radio Telemetry



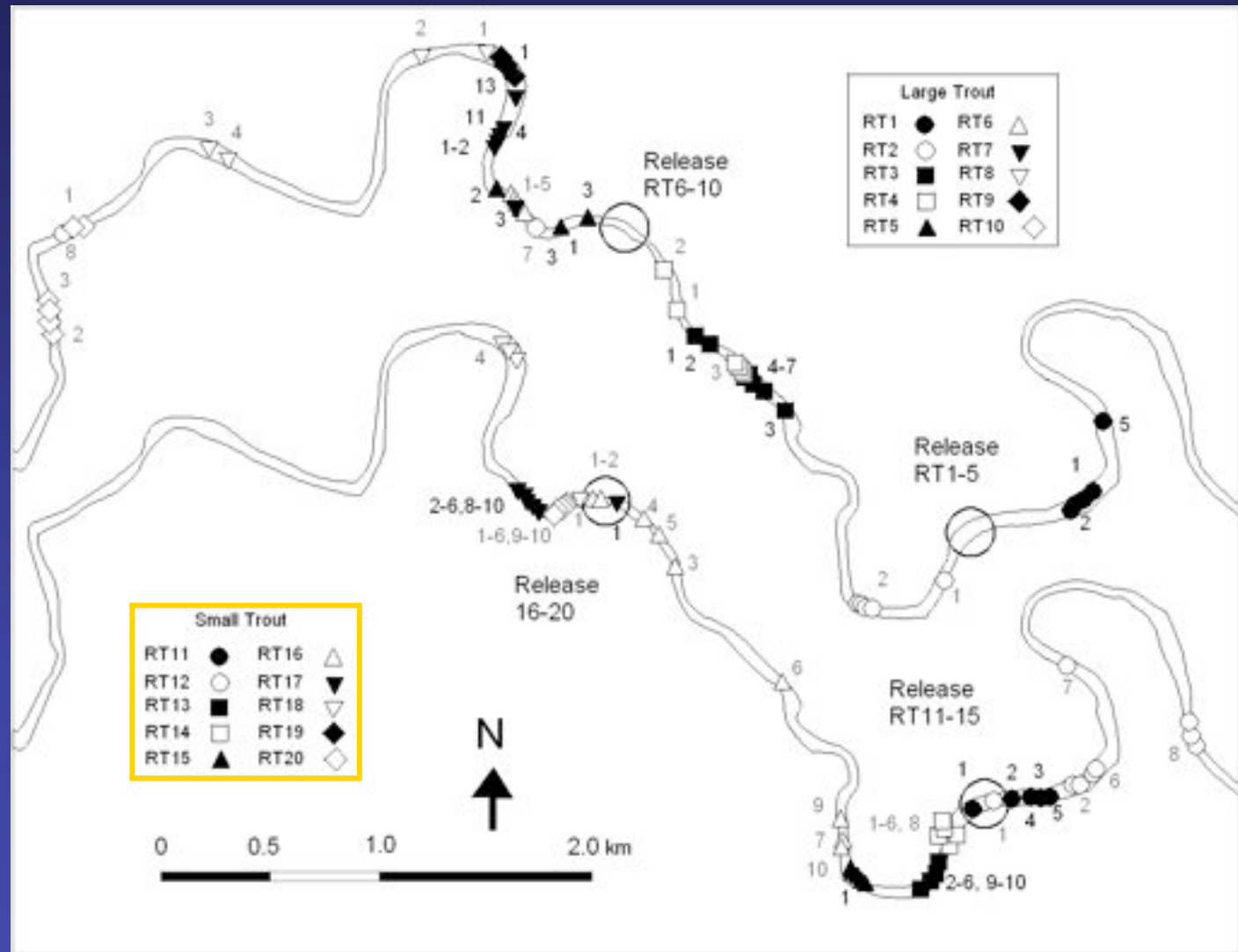
- Radio tag inserted into the body cavity of 10 large and 10 small rainbow trout

- Tagged trout located weekly using a directional antenna



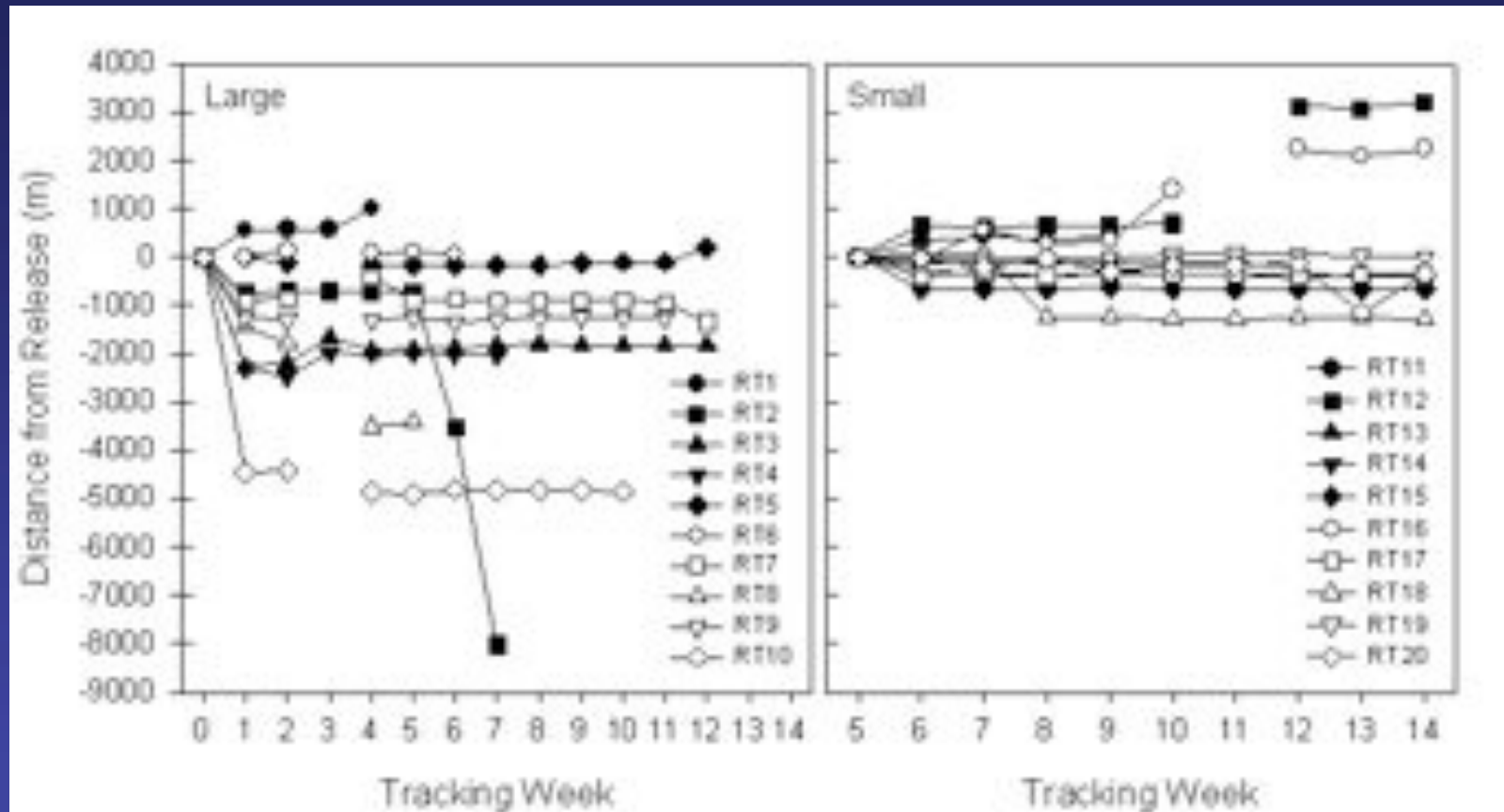
# Longitudinal Displacement

ID	TL (cm)	Mass (g)
RT1	38.5	1242
RT2	35.0	970
RT3	34.0	909
RT4	36.0	1020
RT5	32.0	864
RT6	36.0	1050
RT7	38.0	1205
RT8	34.0	1115
RT9	36.0	1235
RT10	34.0	980
RT11	28.0	365
RT12	27.0	341
RT13	31.0	500
RT14	29.0	459
RT15	28.0	374
RT16	27.5	335
RT17	30.5	520
RT18	30.0	474
RT19	25.5	242
RT20	31.0	479



Hamilton et al. (In prep)

# Distance of Movement



- Initial downstream or upstream movement during Week 1 for six fish, but little movement during Weeks 2-12, except for RT2

- Little movement downstream or upstream during Weeks 5-14

Hamilton et al. (In prep)



# South Fork American River at Low Flow (6 m<sup>3</sup>/s; 200 cfs)



- Daily pulsed flow fluctuations create tidal zone along banks
- Cumulative impacts on habitat?
- Impacts on benthic macroinvertebrates?
  - (Munn & Brusven 1991, Bunn & Arthington 2002, Rehn et al. 2007)

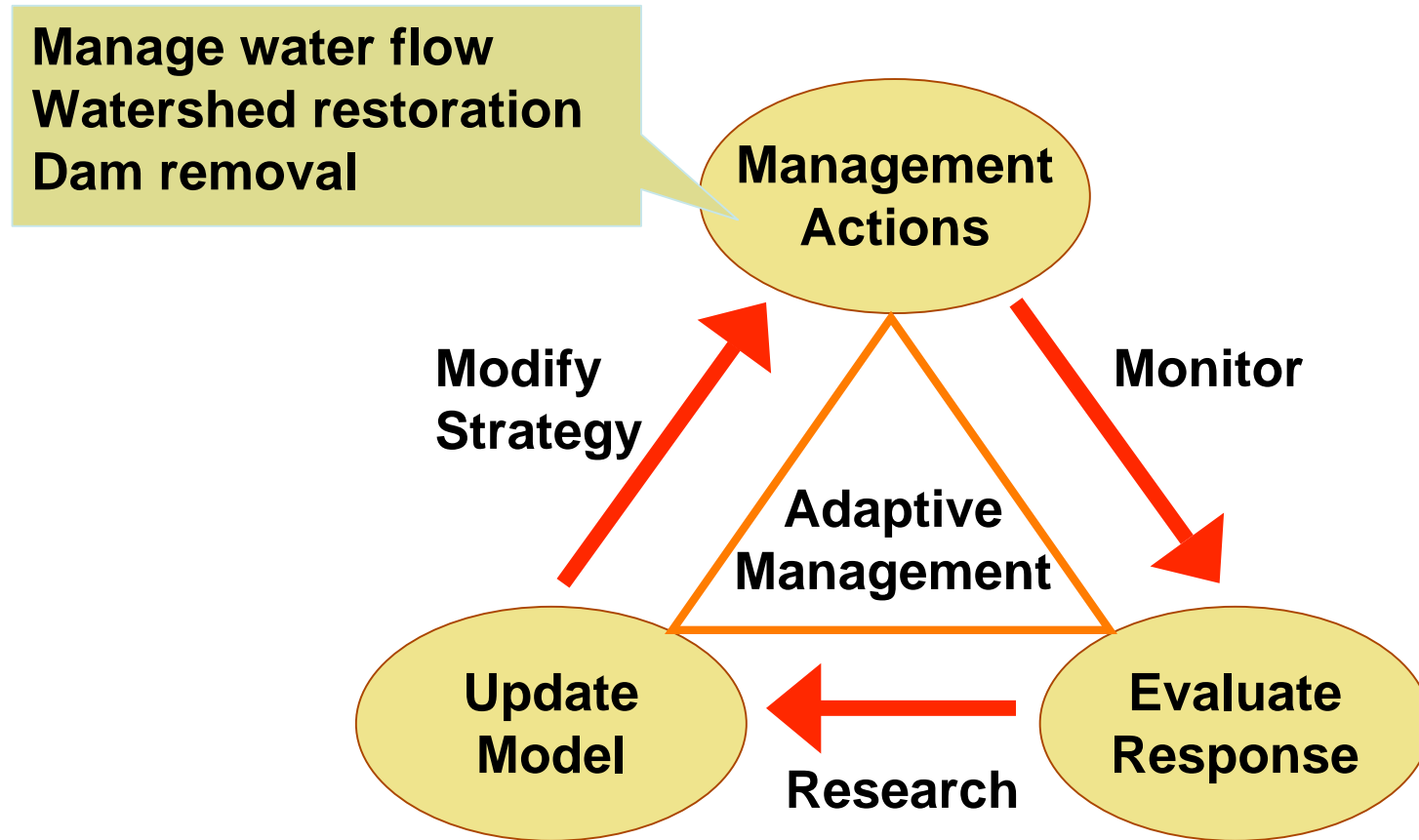
## Current Situation in California

- State & federal ESA listings
- New water quality regulations
- Uncertainty & lack of understanding
  - Impacts of human activities on fish
  - What land & water management practices will best help fish?
  - *How much restoration would be enough?*

## **Dealing With Uncertainty**

- **We can act now, in spite of uncertainty**
- **Adaptive Management**
- **Restoration projects as experiments**
  - “Learning by doing”
  - Test different management policies
  - Improve future restoration efforts
- **Medical clinical trial**

# Adaptive Management Process





# Habitat Restoration

- Restore logging roads
- Replant riparian vegetation
- Improve cattle grazing practices
- Improve irrigation practices
- Decrease water pollution



# Dam Decommissioning

- Matilija Dam (Ventura River watershed)



- Kilarc Project (Cow Creek)
  - Decommission and remove?
  - Keep and regulate flows to benefit fish?

# FERC Re-Licensing

- New flow regimes
- Compare neighboring rivers with different flow regimes
- American River watershed



**North Fork**



**South Fork**



## Summary

- Fish distribution is related to local habitat conditions
- Longitudinal connectivity important for anadromous and resident fish
- Impacts of flow changes on fish may be direct and/or indirect
- Need to test restoration actions



## Funding

- Cow Creek research supported by UC Davis
- Salinas River research supported by UC Cooperative Extension CORE grant program
- The pulsed flow portion of this research was supported by
  - Public Interest Energy Research Program (PIER) of the California Energy Commission
  - Division of Water Rights of the State Water Resources Control Board
  - Pulsed Flow Program of the Center for Aquatic Biology & Aquaculture (CABA) of the University of California, Davis